

Undergraduate 4th Semester (Honours) Practical Examination, 2020-21

Subject: NUTRITION

Course ID: 42323

Course Code: SH/NUT/403/C-10

Course Title: Diet Therapy II (Practical)

Full Marks: 15

Time: 1hr.

The figures in the margin indicate full marks.

Candidates are required to give their answers in their own words

as far as practicable.

Answer all the questions

1. State the basic principles to be observed in planning diet for a patient suffering from atherosclerosis. 2
2. Write a short note on Kempner's rice fruit diet. 3
3. Plan a diet of a patient (details given below) suffering from type-II diabetes mellitus. 5
 - Activity Type - Sedentary worker,
 - Age- 45 years
 - Dietary Habit- Nonvegetarian
 - Body Weight - 60kg
 - Height -170cm.
4. Viva-Voce. 5

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